ZIP 56033, Frost, Minnesota.

Current market data.

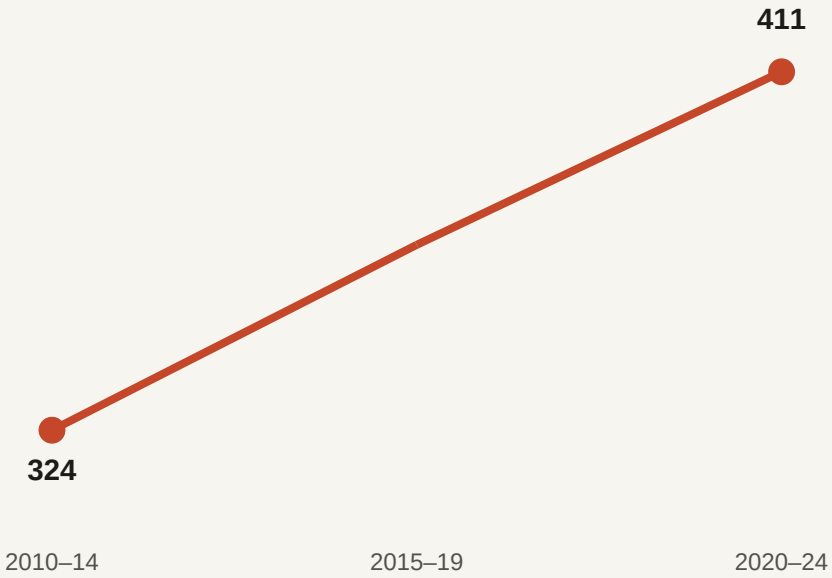
8 cards. Every number sourced and dated. Data as of Oct 30, 2026.

POPULATION

411 people call ZIP 56033 home.

411

people.



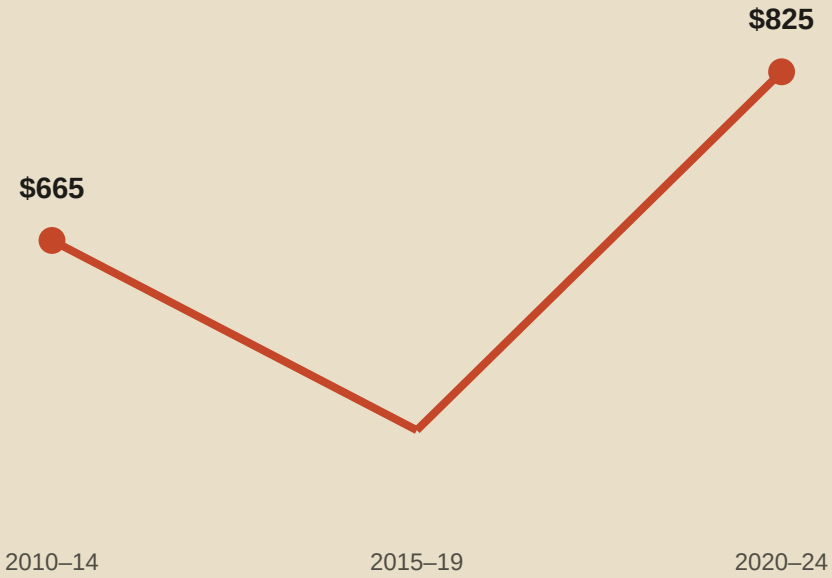
Source: Census ACS 5-year, 2020-2024

RENT

Median rent is up 24% since the 2010–2014 survey, before inflation.

$825

a month. Minnesota's median is $1,280.



Source: Census ACS 5-year, 2020-2024

ROOM TO BUILD

Local wages can carry more rent than the median charged today.

is the monthly rent range local workforce wages support.

Source: Computed by the Almanac, 2023; Census ACS 5-year, 2020-2024

BUILDING

Most of the housing here is older than 2000.

93%

of all homes were built before 2000

Source: Census ACS 5-year, 2020-2024

UNITS NEEDED

None of three estimates finds a housing shortfall here.

0

is the estimated number of missing housing units, from the lowest to the highest of three estimates.

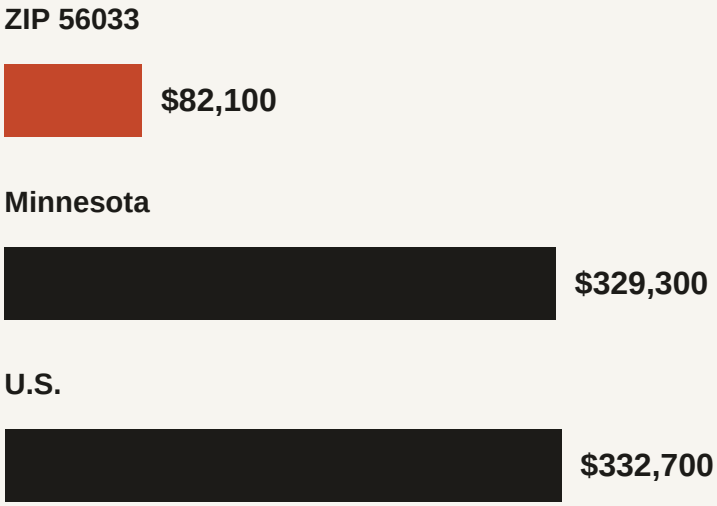
Source: Computed by the Almanac, 2023

HOME VALUE

A median home costs 75% less than Minnesota's.

$82,100

median home value in ZIP 56033.



Source: Census ACS 5-year, 2020-2024

THAT WAS ZIP 56033'S 2026

Every number came from a public source, with its date.

New Census data usually lands in December. The next Edition follows it.

See this Edition at **almanacdata.ai/e/zip/56033/**