ZIP 03103, Manchester, New Hampshire.

Current market data.

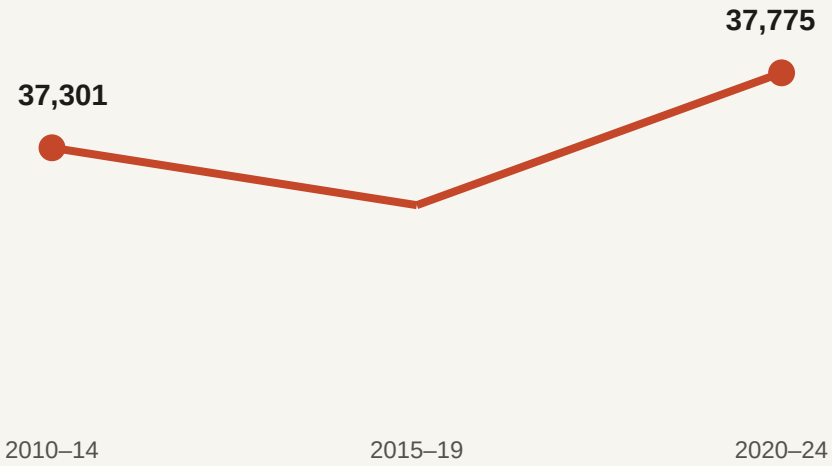
8 cards. Every number sourced and dated. Data as of Oct 30, 2026.

POPULATION

37,775 people call ZIP 03103 home.

37,775

people.



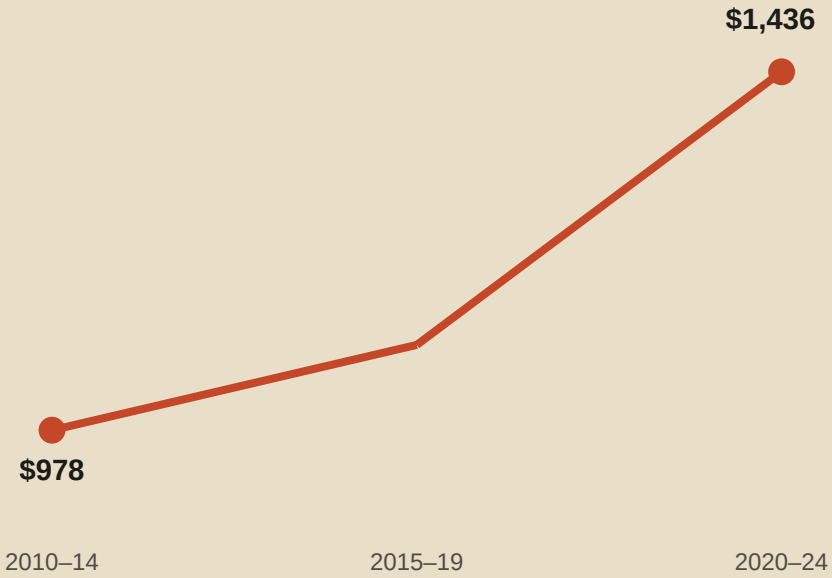
Source: Census ACS 5-year, 2020-2024

RENT

Median rent is up 47% since the 2010–2014 survey, before inflation.

$1,436

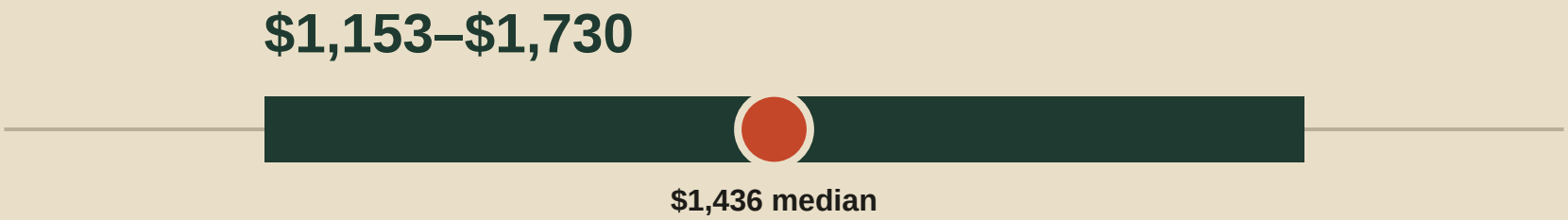
a month. New Hampshire's median is $1,491.



Source: Census ACS 5-year, 2020-2024

ROOM TO BUILD

The median rent sits inside what local wages can carry.



is the monthly rent range local workforce wages support.

Source: Computed by the Almanac, 2023; Census ACS 5-year, 2020-2024

BUILDING

Most of the housing here is older than 2000.

94%

of all homes were built before 2000

Source: Census ACS 5-year, 2020-2024

UNITS NEEDED

Closing the gap would add 0.5–1.7% to the 16,073 homes here.

79–271

is the estimated number of missing housing units, from the lowest to the highest of three estimates.

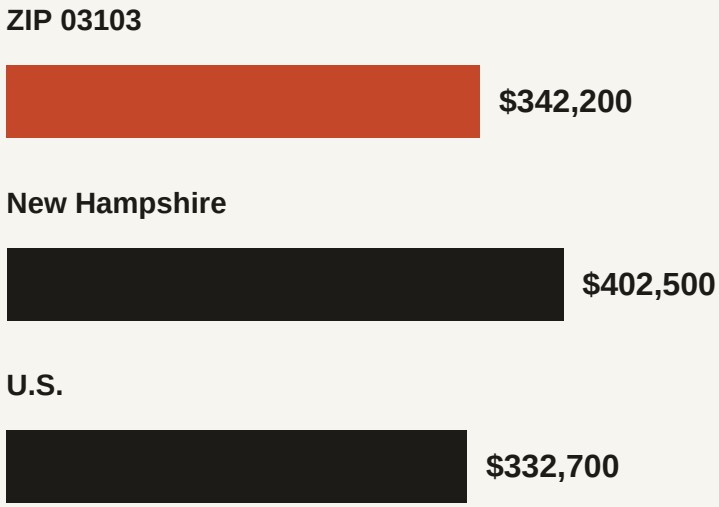
Source: Computed by the Almanac, 2023

HOME VALUE

A median home costs 15% less than New Hampshire's.

$342,200

median home value in ZIP 03103.



Source: Census ACS 5-year, 2020-2024

THAT WAS ZIP 03103'S 2026

Every number came from a public source, with its date.

New Census data usually lands in December. The next Edition follows it.

See this Edition at **almanacdata.ai/e/zip/03103/**