



Helmetta, New Jersey.

Current market data.

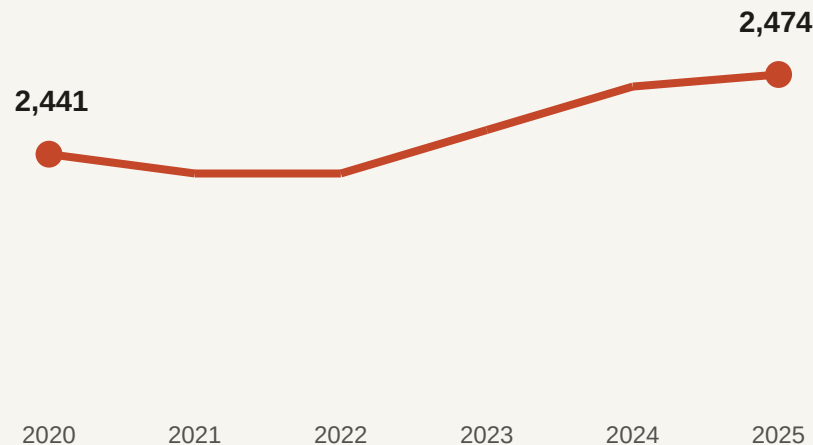
10 cards. Every number sourced and dated. Data as of Oct 30, 2026.

POPULATION

Growing. Up 1.4% since 2020.

2,474

people, the 250th-largest of New Jersey's cities and towns.



THE WORKDAY

9 in 10 jobs here go to
people who live somewhere
else.

94.1%

of 152 jobs located in Helmetta are filled by in-commuters.



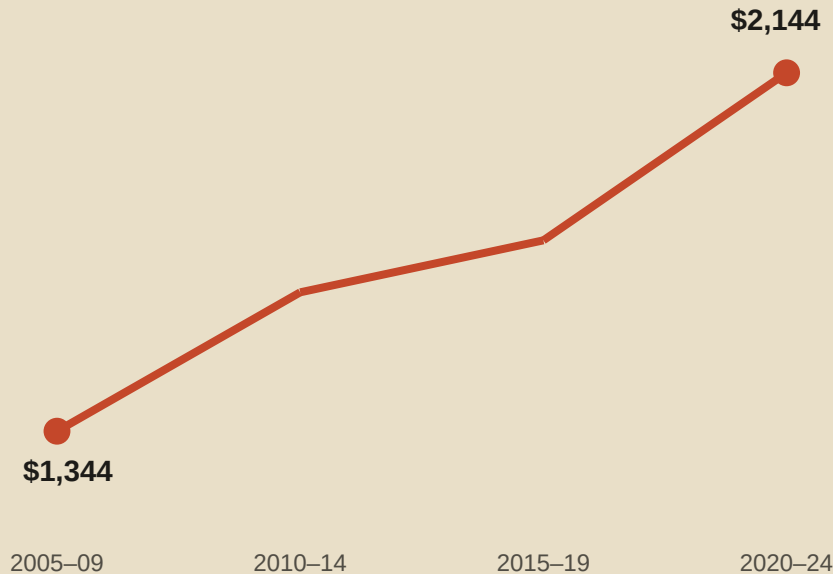
Each dot is 1% of jobs. Filled: held by in-commuters.

RENT

Median rent is up 60%
since the 2005–2009
survey, before inflation.

\$2,144

a month. New Jersey's median is \$1,720.





THE SEAM

Cross one tract line and median rent doubles.

A \$2,705 gap between neighbors, the sharpest rent edge between adjacent tracts in Middlesex County.

TRACT 14.10

\$430

TRACT 14.09

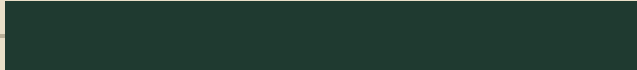
\$3,135



ROOM TO BUILD

The median rent is above what local wages can carry.

\$1,146–\$1,719



\$2,144 median

is the monthly rent range local workforce wages support.

BUILDING

72% of the housing here was built before 2000.

21

homes permitted in ten years,
2016–2025

0%

of those were in multifamily
buildings

72%

of all homes were built before 2000

UNITS NEEDED

Closing the gap would add 0.2–0.4% to the 1,108 homes here.

2–4

is the estimated number of missing housing units, from the lowest to the highest of three estimates.



HOME VALUE

A median home costs 22%
less than New Jersey's.

\$355,000

median home value in Helmetta.

Helmetta



\$355,000

New Jersey



\$454,400

U.S.



\$332,700

THAT WAS HELMETTA'S 2026

Every number came from a public source, with its date.

New Census data usually lands in December. The next Edition follows it.

See this Edition at [**almanacdata.ai/e/nj/helmetta/**](https://almanacdata.ai/e/nj/helmetta/)

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