



Upham, North Dakota.

Current market data.

10 cards. Every number sourced and dated. Data as of Oct 30, 2026.

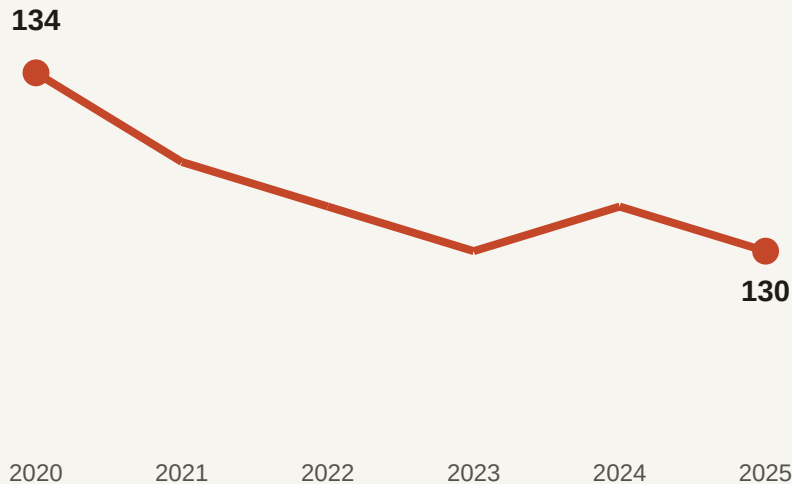


POPULATION

Down 3.0% since 2020.

130

people, the 194th-largest of North Dakota's cities and towns.



THE WORKDAY

Every job here goes to
someone who lives
somewhere else.

100.0%

of 29 jobs located in Upham are filled by in-commuters.



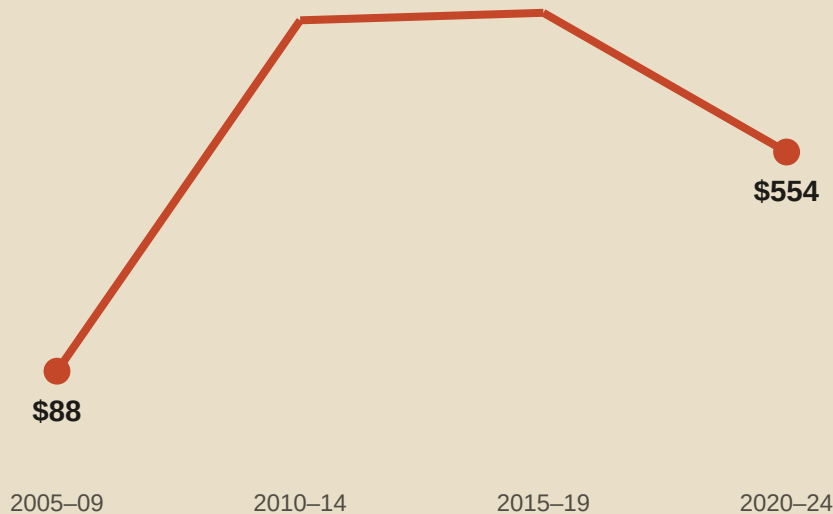
Each dot is 1% of jobs. Filled: held by in-commuters.

RENT

Median rent is up 530%
since the 2005–2009
survey, before inflation.

\$554

a month. North Dakota's median is \$954.



THE SEAM

Cross one tract line and median rent jumps \$286.

A \$286 gap between neighbors, the sharpest rent edge between adjacent tracts in McHenry County.

TRACT 9556

\$627

TRACT 9559

\$913



ROOM TO BUILD

The median rent is above what local wages can carry.

\$259–\$388



\$554 median

is the monthly rent range local workforce wages support.



BUILDING

Most of the housing here is older than 2000.

98%

of all homes were built before 2000



UNITS NEEDED

None of three estimates finds a housing shortfall here.

0

is the estimated number of missing housing units, from the lowest to the highest of three estimates.



HOME VALUE

A median home costs 78% less than North Dakota's.

\$53,800

median home value in Upham.

Upham



\$53,800

North Dakota



\$249,900

U.S.



\$332,700

THAT WAS UPHAM'S 2026

Every number came from a public source, with its date.

New Census data usually lands in December. The next Edition follows it.

See this Edition at almanacdata.ai/e/nd/upham/

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