



Regent, North Dakota.

Current market data.

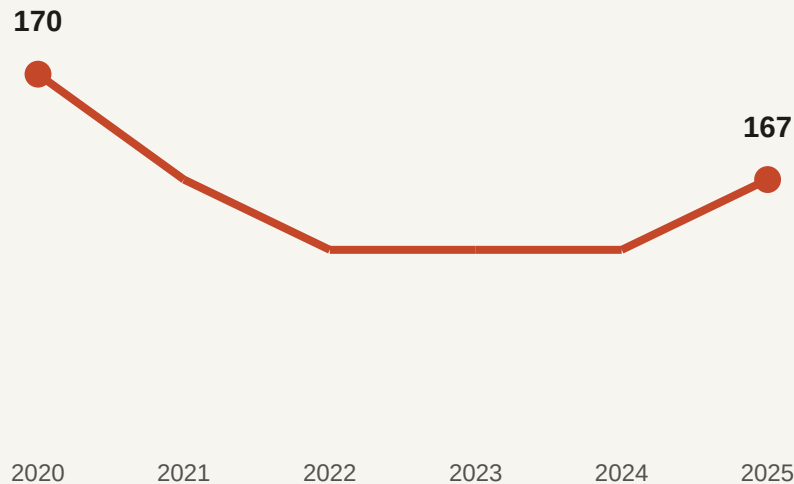
10 cards. Every number sourced and dated. Data as of Oct 30, 2026.

POPULATION

Down 1.8% since 2020.

167

people, the 172nd-largest of North Dakota's cities and towns.

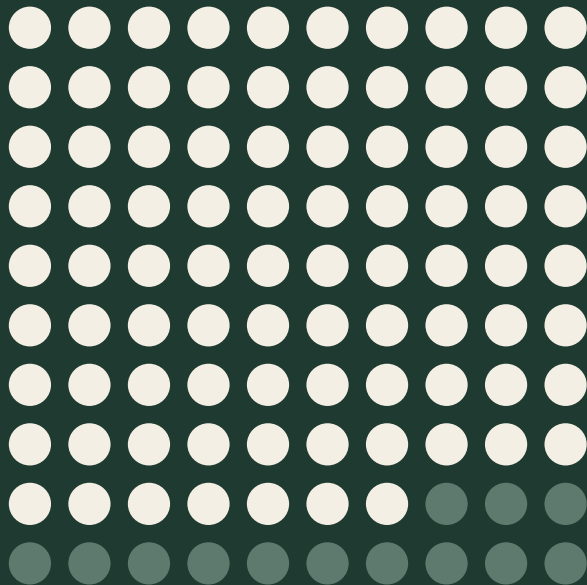


THE WORKDAY

9 in 10 jobs here go to
people who live somewhere
else.

86.7%

of 30 jobs located in Regent are filled by in-commuters.



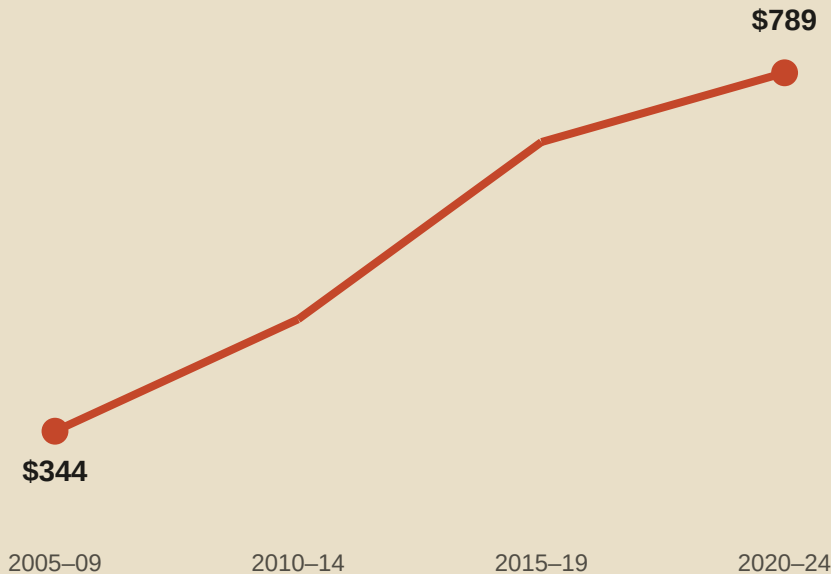
Each dot is 1% of jobs. Filled: held by in-commuters.

RENT

Median rent is up 129%
since the 2005–2009
survey, before inflation.

\$789

a month. North Dakota's median is \$954.





THE SEAM

Cross one tract line and median rent jumps \$335.

A \$335 gap between neighbors, the sharpest rent edge between adjacent tracts in Hettinger County.

TRACT 9647

\$500

TRACT 9648

\$835



ROOM TO BUILD

Local wages can carry more rent than the median charged today.



is the monthly rent range local workforce wages support.

BUILDING

Most of the housing here is older than 2000.

0

homes permitted, 2022–2025

94%

of all homes were built before 2000



UNITS NEEDED

None of three estimates finds a housing shortfall here.

0

is the estimated number of missing housing units, from the lowest to the highest of three estimates.



HOME VALUE

A median home costs 77% less than North Dakota's.

\$57,300

median home value in Regent.

Regent



\$57,300

North Dakota



\$249,900

U.S.



\$332,700

THAT WAS REGENT'S 2026

Every number came from a public source, with its date.

New Census data usually lands in December. The next Edition follows it.

See this Edition at almanacdata.ai/e/nd/regent/

The Almanac · your hyper-diligent research partner