



Forman, North Dakota.

Current market data.

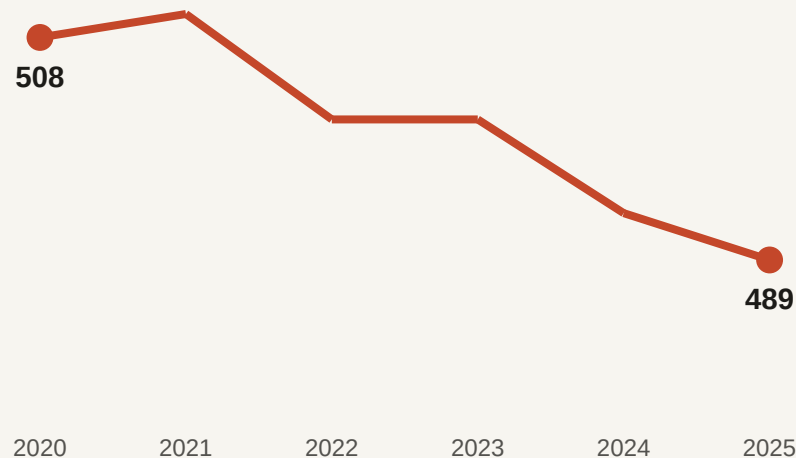
10 cards. Every number sourced and dated. Data as of Oct 30, 2026.

POPULATION

Down 3.7% since 2020.

489

people, the 92nd-largest of North Dakota's cities and towns.

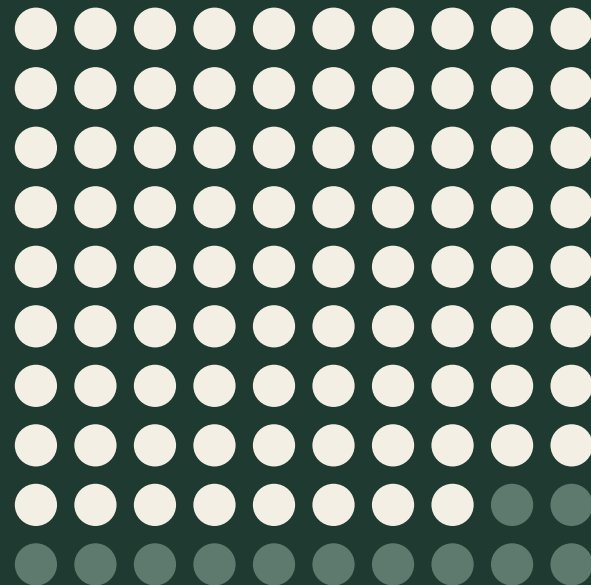


THE WORKDAY

9 in 10 jobs here go to people who live somewhere else.

88.5%

of 304 jobs located in Forman are filled by in-commuters.



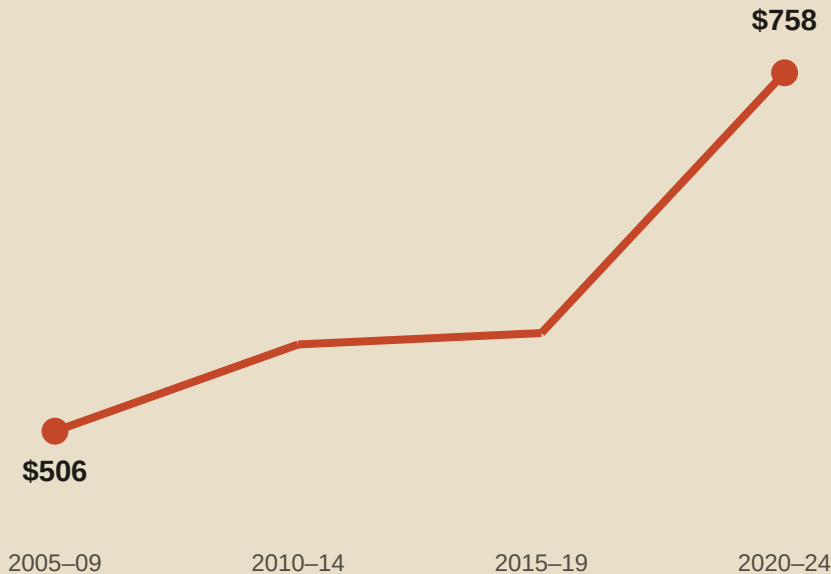
Each dot is 1% of jobs. Filled: held by in-commuters.

RENT

Median rent is up 50%
since the 2005–2009
survey, before inflation.

\$758

a month. North Dakota's median is \$954.





THE SEAM

Cross one tract line and median rent jumps \$178.

A \$178 gap between neighbors, the sharpest rent edge between adjacent tracts in Sargent County.

TRACT 9742

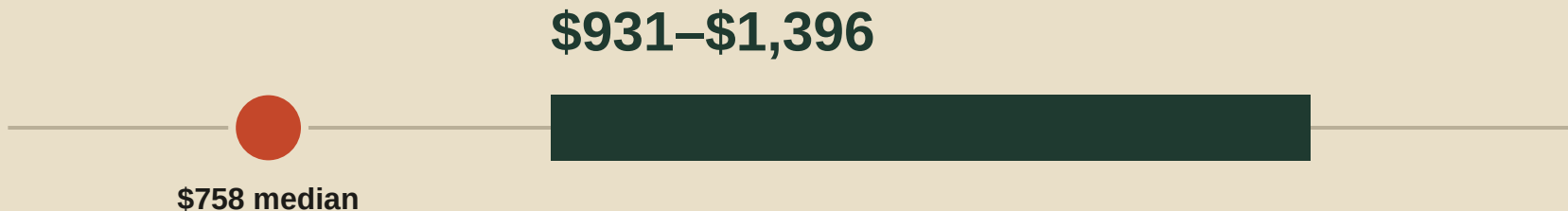
\$718

TRACT 9740

\$896

ROOM TO BUILD

Local wages can carry more rent than the median charged today.



is the monthly rent range local workforce wages support.



BUILDING

Most of the housing here is older than 2000.

1

homes permitted, 2022–2025

0%

of those were in multifamily
buildings

80%

of all homes were built before 2000

UNITS NEEDED

Closing the gap would add 0–1.0% to the 306 homes here.

0–3

is the estimated number of missing housing units, from the lowest to the highest of three estimates.



HOME VALUE

A median home costs 49%
less than North Dakota's.

\$128,100

median home value in Forman.

Forman



\$128,100

North Dakota



\$249,900

U.S.



\$332,700

THAT WAS FORMAN'S 2026

Every number came from a public source, with its date.

New Census data usually lands in December. The next Edition follows it.

See this Edition at almanacdata.ai/e/nd/forman/

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