# Mount Gilead, North Carolina.

Current market data.

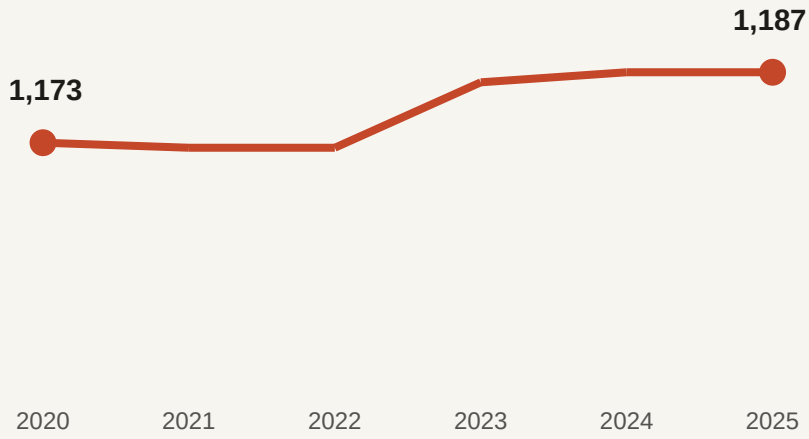
10 cards. Every number sourced and dated. Data as of Oct 30, 2026.

POPULATION

# Growing. Up 1.2% since 2020.

**1,187**

people, the 323rd-largest of North Carolina's cities and towns.



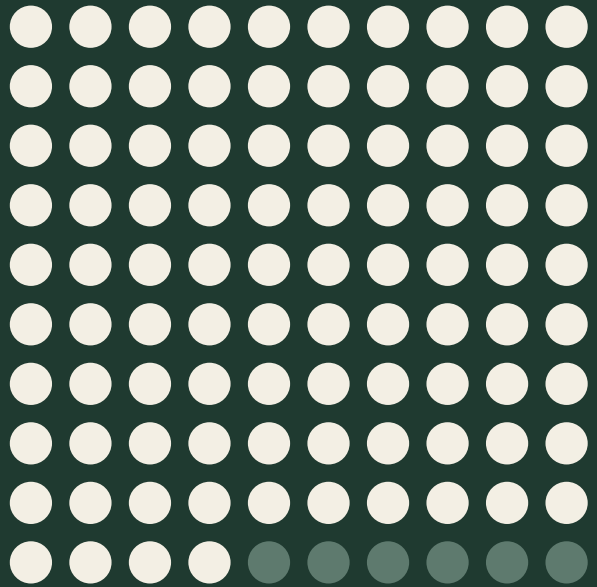

Source: Census Population Estimates, 2025

THE WORKDAY

# 9 in 10 jobs here go to people who live somewhere else.

**94.4%**

of 783 jobs located in Mount Gilead are filled by in-commuters.



Each dot is 1% of jobs. Filled: held by in-commuters.

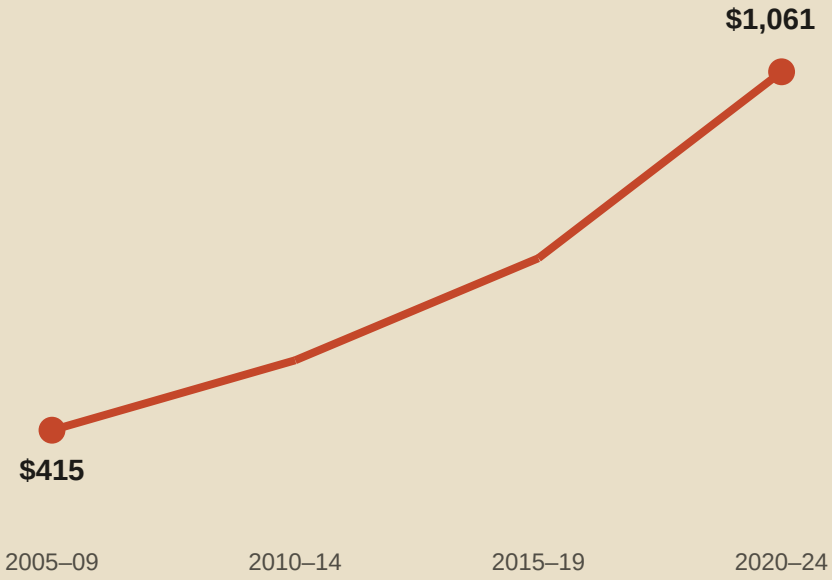
Source: Census LEHD LODES, 2023

RENT

# Median rent is up 156% since the 2005–2009 survey, before inflation.

**$1,061**

a month. North Carolina's median is $1,228.

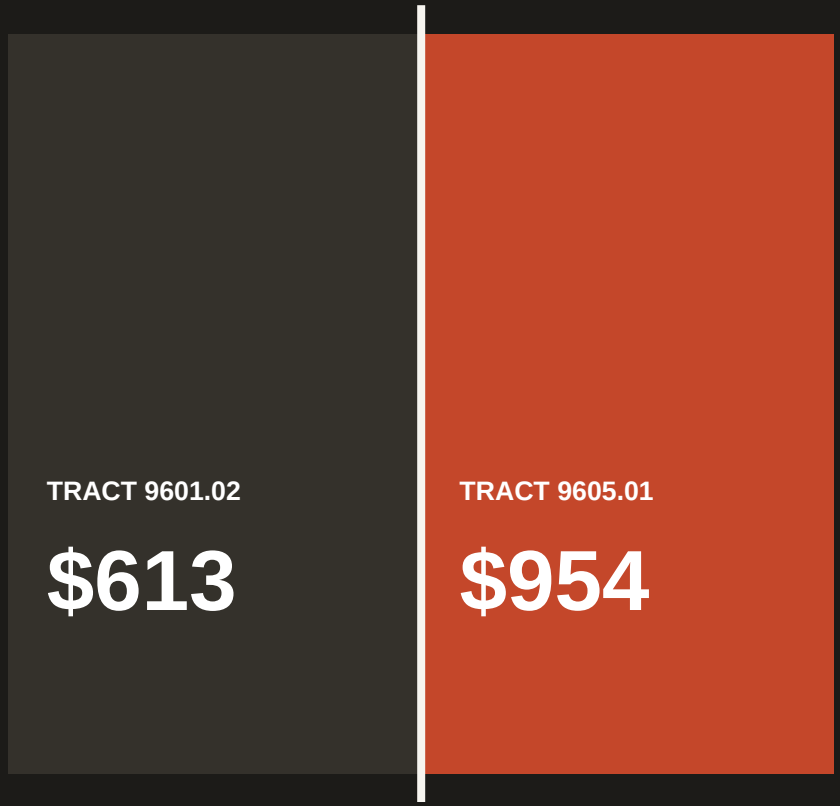



Source: Census ACS 5-year, 2020-2024

THE SEAM

# Cross one tract line and median rent jumps $341.

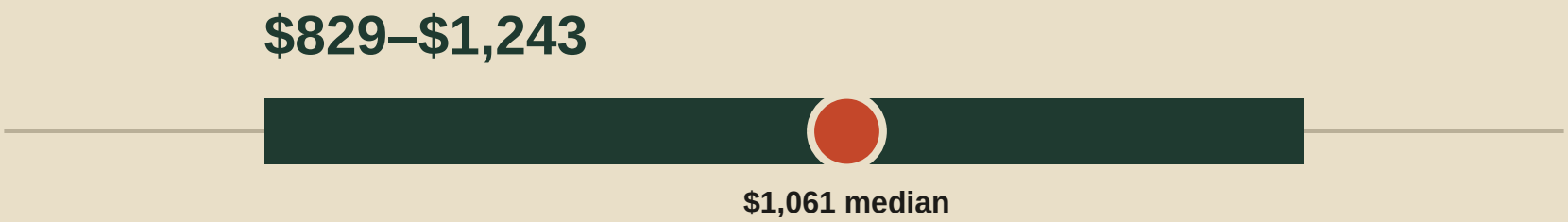
A $341 gap between neighbors, the sharpest rent edge between adjacent tracts in Montgomery County.




Source: Census ACS 5-year, 2020-2024

ROOM TO BUILD

# The median rent sits inside what local wages can carry.




is the monthly rent range local workforce wages support.

Source: Computed by the Almanac, 2023; Census ACS 5-year, 2020-2024

BUILDING

# Most of the housing here is older than 2000.

## 86%

of all homes were built before 2000

Source: Census ACS 5-year, 2020-2024

UNITS NEEDED

# Closing the gap would add 0.1–1.2% to the 693 homes here.

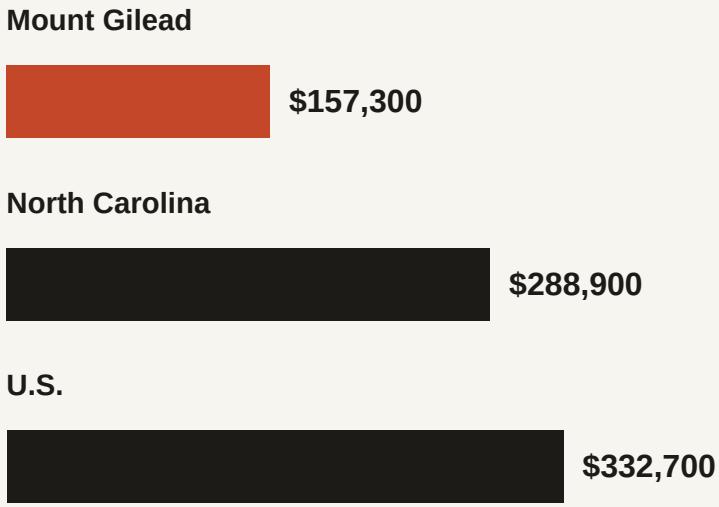
**1–8**

is the estimated number of missing housing units, from the lowest to the highest of three estimates.

Source: Computed by the Almanac, 2023

HOME VALUE

# A median home costs 46% less than North Carolina's.




# $157,300

median home value in Mount Gilead.

Source: Census ACS 5-year, 2020-2024

THAT WAS MOUNT GILEAD'S 2026

# Every number came from a public source, with its date.

New Census data usually lands in December. The next Edition follows it.

See this Edition at **almanacdata.ai/e/nc/mount-gilead/**