



Helena, Montana.

Current market data.

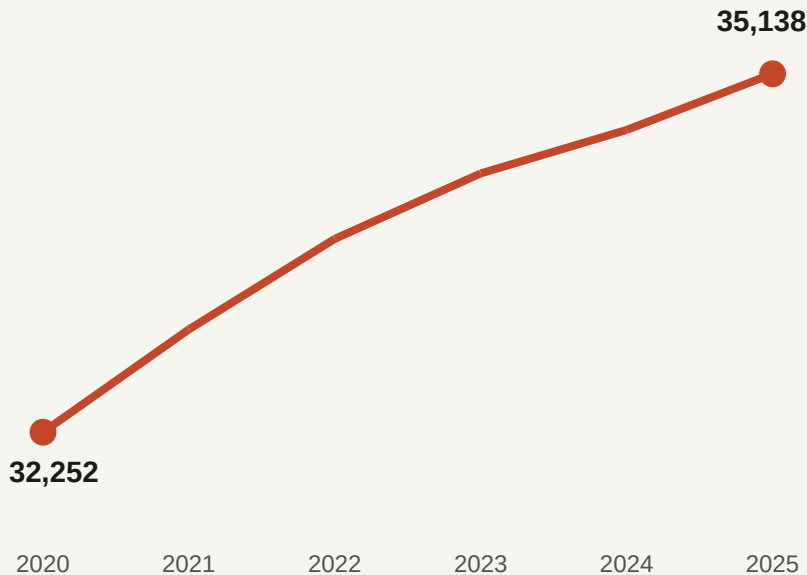
11 cards. Every number sourced and dated. Data as of Oct 30, 2026.

POPULATION

Growing. Up 8.9% since 2020.

35,138

people, the 6th-largest of Montana's cities and towns.

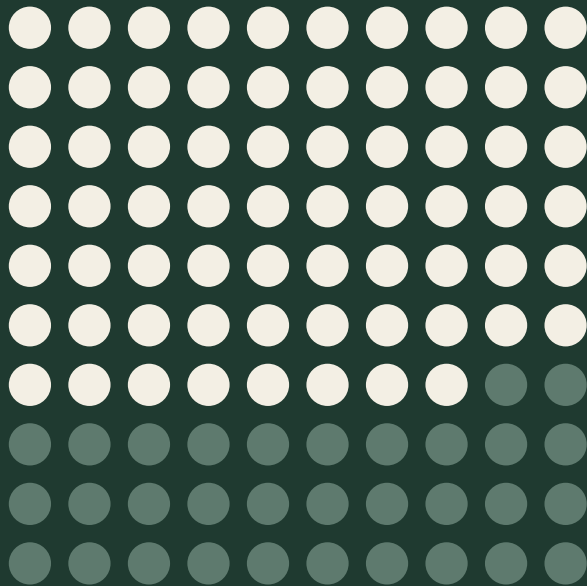


THE WORKDAY

7 in 10 jobs here go to
people who live somewhere
else.

68.0%

of 32,949 jobs located in Helena are filled by in-commuters.



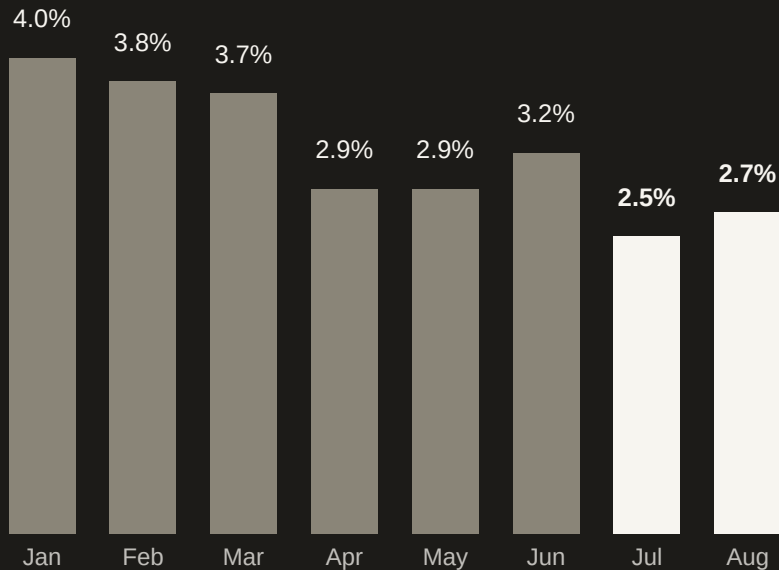
Each dot is 1% of jobs. Filled: held by in-commuters.

UNEMPLOYMENT, 2026

The low came in July:
2.5%.

2.7%

in August 2026, the latest month released. A year earlier it was 3.3%.

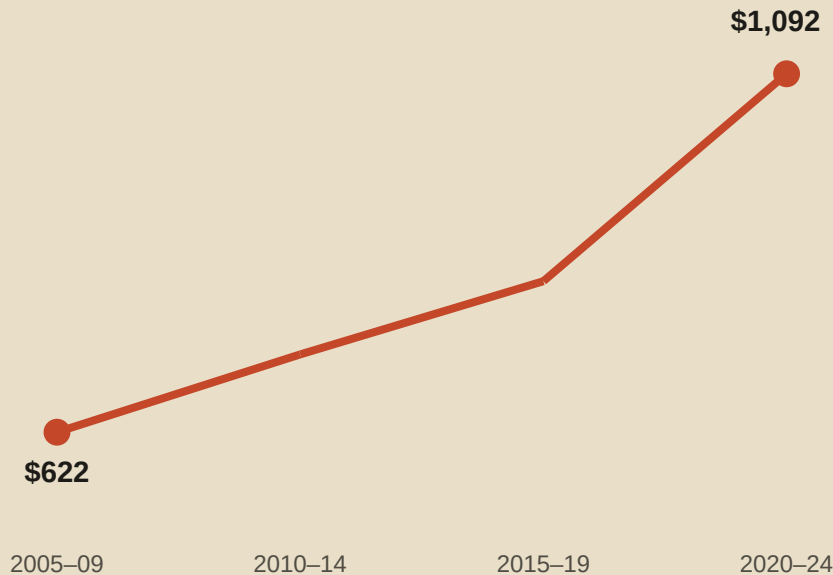


RENT

**Median rent is up 76%
since the 2005–2009
survey, before inflation.**

\$1,092

a month. Montana's median is \$1,081.





THE SEAM

Cross one tract line and median rent jumps \$590.

A \$590 gap between neighbors, the sharpest rent edge between adjacent tracts in Lewis and Clark County.

TRACT 5.04

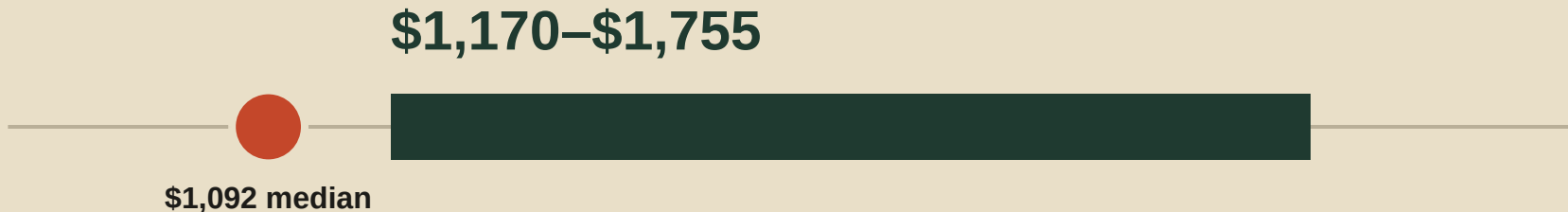
\$998

TRACT 5.03

\$1,588

ROOM TO BUILD

Local wages can carry more rent than the median charged today.



is the monthly rent range local workforce wages support.

BUILDING

Most of the housing here is older than 2000.

2,110

homes permitted in ten years,
2016–2025

77%

of those were in multifamily
buildings

76%

of all homes were built before 2000

UNITS NEEDED

Closing the gap would add 0.4–2.0% to the 16,591 homes here.

69–329

is the estimated number of missing housing units, from the lowest to the highest of three estimates.



HOME VALUE

A median home costs 3% more than Montana's.

\$387,300

median home value in Helena.

Helena



\$387,300

Montana



\$375,800

U.S.



\$332,700

THAT WAS HELENA'S 2026

Every number came from a public source, with its date.

New Census data usually lands in December. The next Edition follows it.

See this Edition at almanacdata.ai/e/mt/helena/

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