



Vadnais Heights, Minnesota.

Current market data.

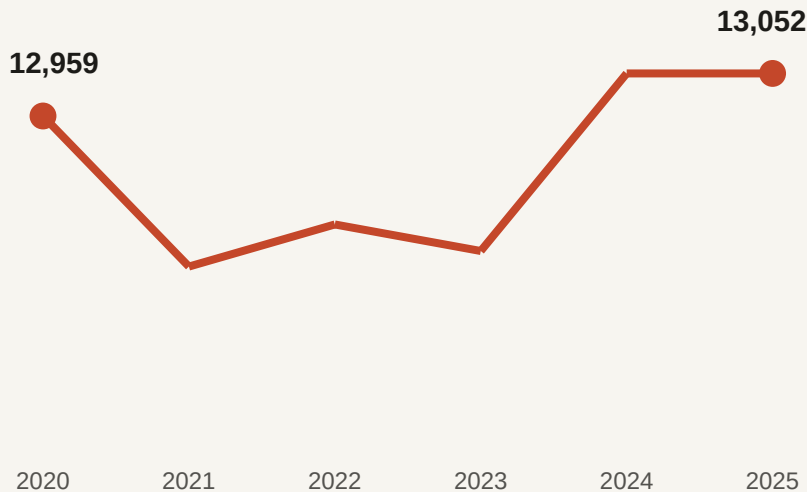
10 cards. Every number sourced and dated. Data as of Oct 30, 2026.

POPULATION

Growing. Up 0.7% since 2020.

13,052

people, the 87th-largest of Minnesota's cities and towns.



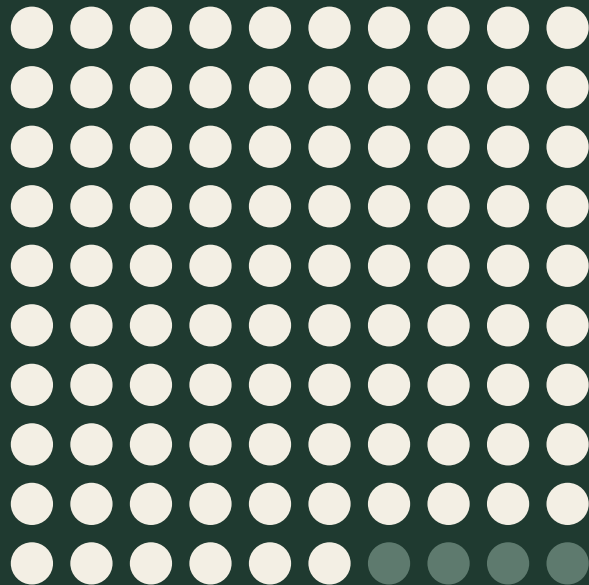
THE WORKDAY

Nearly every job here goes
to someone who lives
somewhere else.

96.3%

of 9,466 jobs located in Vadnais Heights are filled by
in-commuters.

Source: Census LEHD LODES, 2023



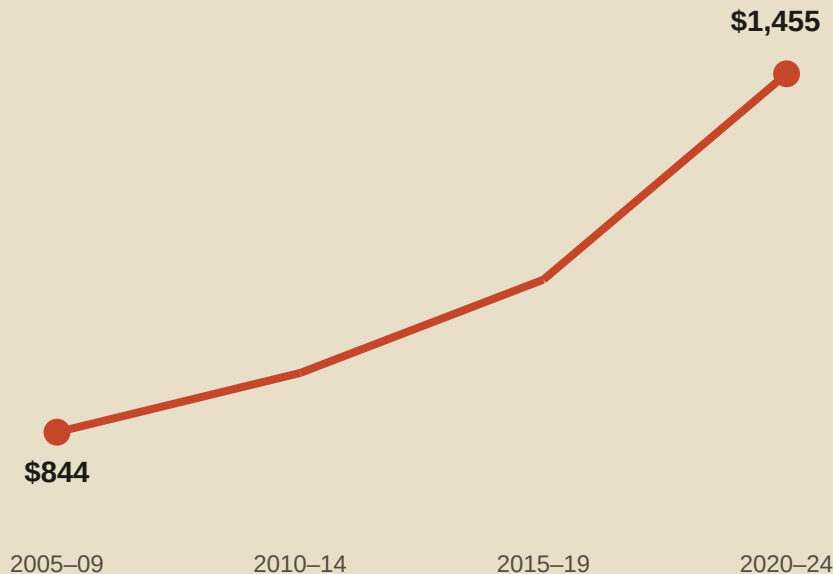
Each dot is 1% of jobs. Filled: held by in-commuters.

RENT

Median rent is up 72%
since the 2005–2009
survey, before inflation.

\$1,455

a month. Minnesota's median is \$1,280.



THE SEAM

Cross one tract line and median rent doubles.

A \$2,112 gap between neighbors, the sharpest rent edge between adjacent tracts in Ramsey County.

TRACT 407.08

\$1,389

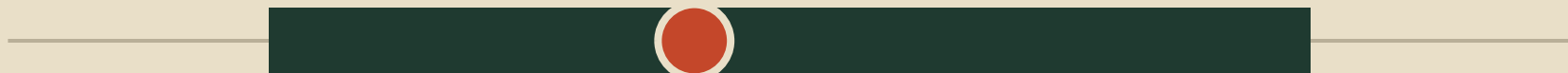
TRACT 406.01

\$3,501

ROOM TO BUILD

The median rent sits inside what local wages can carry.

\$1,208–\$1,812



\$1,455 median

is the monthly rent range local workforce wages support.

BUILDING

Most of the housing here is older than 2000.

675

homes permitted in ten years,
2016–2025

80%

of those were in multifamily
buildings

86%

of all homes were built before 2000

UNITS NEEDED

Closing the gap would add 0.2–1.7% to the 5,730 homes here.

11–95

is the estimated number of missing housing units, from the lowest to the highest of three estimates.



HOME VALUE

A median home costs 10%
more than Minnesota's.

\$363,100

median home value in Vadnais Heights.

Vadnais Heights



\$363,100

Minnesota



\$329,300

U.S.



\$332,700

THAT WAS VADNAIS HEIGHTS'S 2026

Every number came from a public source, with its date.

New Census data usually lands in December. The next Edition follows it.

See this Edition at [**almanacdata.ai/e/mn/vadnais-heights/**](https://almanacdata.ai/e/mn/vadnais-heights/)

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