



East Grand Forks, Minnesota.

Current market data.

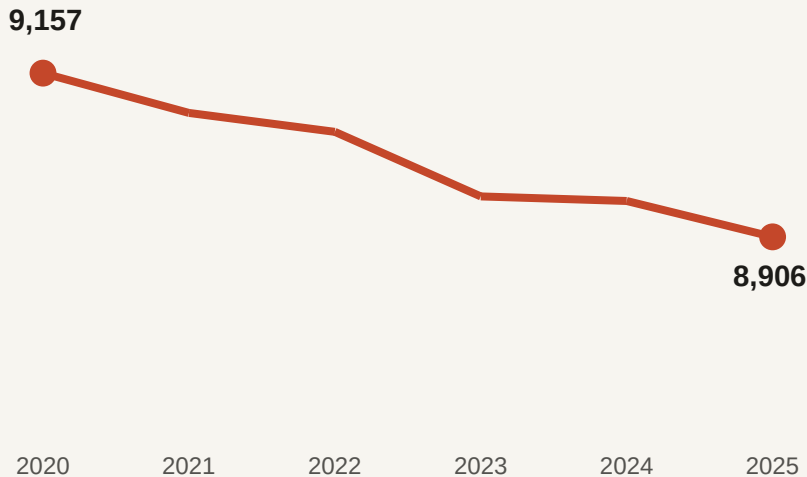
10 cards. Every number sourced and dated. Data as of Oct 30, 2026.

POPULATION

Down 2.7% since 2020.

8,906

people, the 113th-largest of Minnesota's cities and towns.



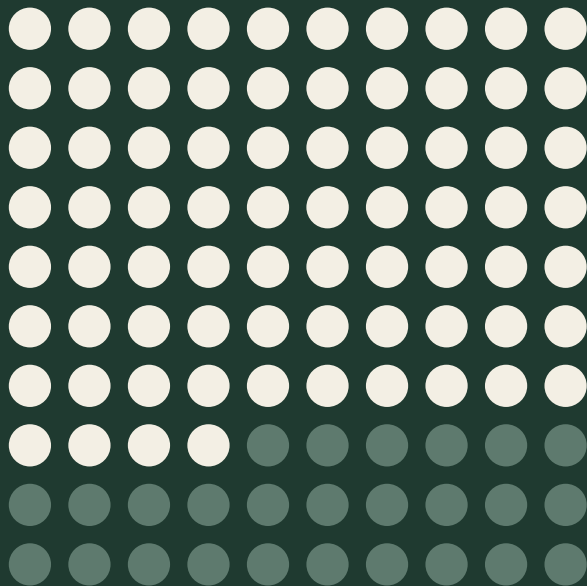
THE WORKDAY

7 in 10 jobs here go to people who live somewhere else.

74.1%

of 3,146 jobs located in East Grand Forks are filled by in-commuters.

Source: Census LEHD LODES, 2023



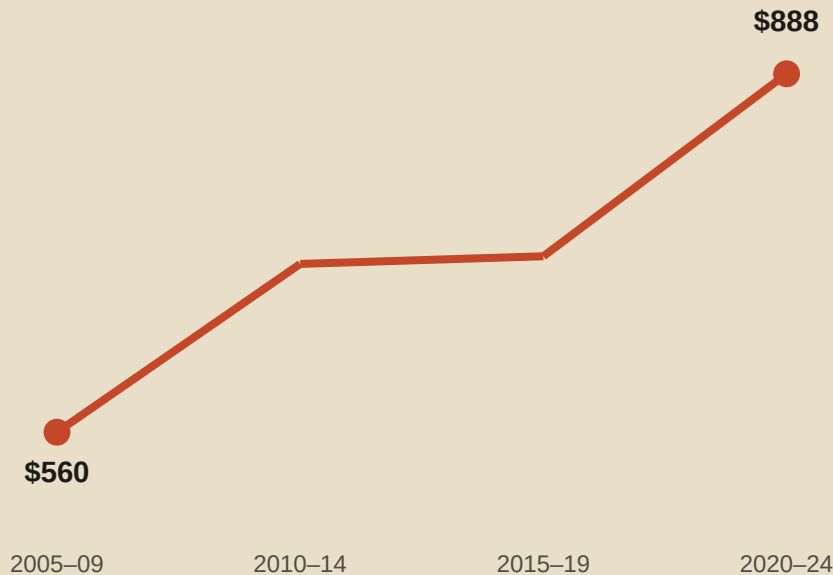
Each dot is 1% of jobs. Filled: held by in-commuters.

RENT

Median rent is up 59%
since the 2005–2009
survey, before inflation.

\$888

a month. Minnesota's median is \$1,280.





THE SEAM

Cross one tract line and median rent jumps \$499.

A \$499 gap between neighbors, the sharpest rent edge between adjacent tracts in Polk County.

TRACT 202

\$722

TRACT 203

\$1,221

ROOM TO BUILD

Local wages can carry more rent than the median charged today.



is the monthly rent range local workforce wages support.

BUILDING

Most of the housing here is older than 2000.

21

homes permitted, 2022–2025

0%of those were in multifamily
buildings

80%

of all homes were built before 2000

UNITS NEEDED

Closing the gap would add 0.3–0.8% to the 3,672 homes here.

12–31

is the estimated number of missing housing units, from the lowest to the highest of three estimates.



HOME VALUE

A median home costs 22% less than Minnesota's.

\$255,600

median home value in East Grand Forks.

East Grand Forks



\$255,600

Minnesota



\$329,300

U.S.



\$332,700

THAT WAS EAST GRAND FORKS'S 2026

Every number came from a public source, with its date.

New Census data usually lands in December. The next Edition follows it.

See this Edition at [**almanacdata.ai/e/mn/east-grand-forks/**](https://almanacdata.ai/e/mn/east-grand-forks/)

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