



Cook, Minnesota.

Current market data.

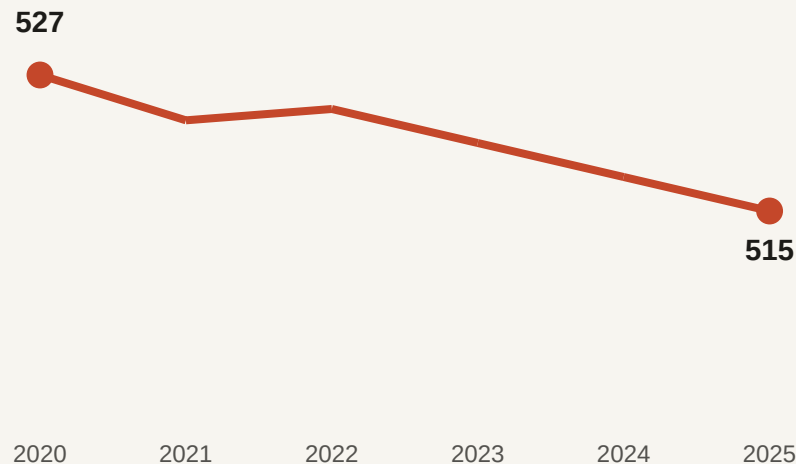
10 cards. Every number sourced and dated. Data as of Oct 30, 2026.

POPULATION

Down 2.3% since 2020.

515

people, the 486th-largest of Minnesota's cities and towns.

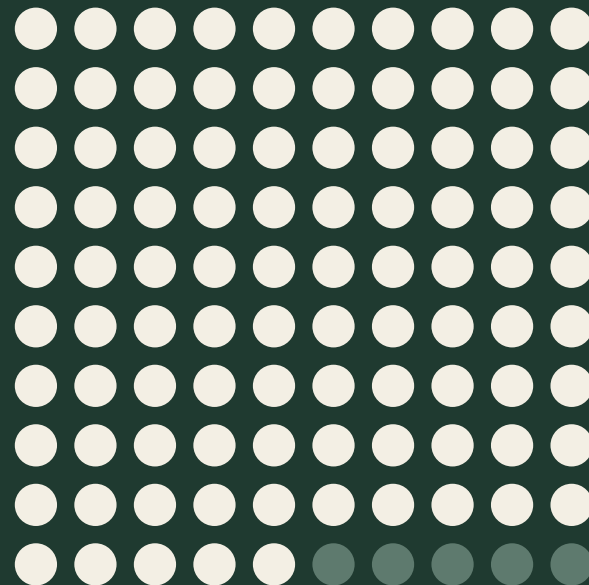


THE WORKDAY

Nearly every job here goes
to someone who lives
somewhere else.

95.3%

of 706 jobs located in Cook are filled by in-commuters.



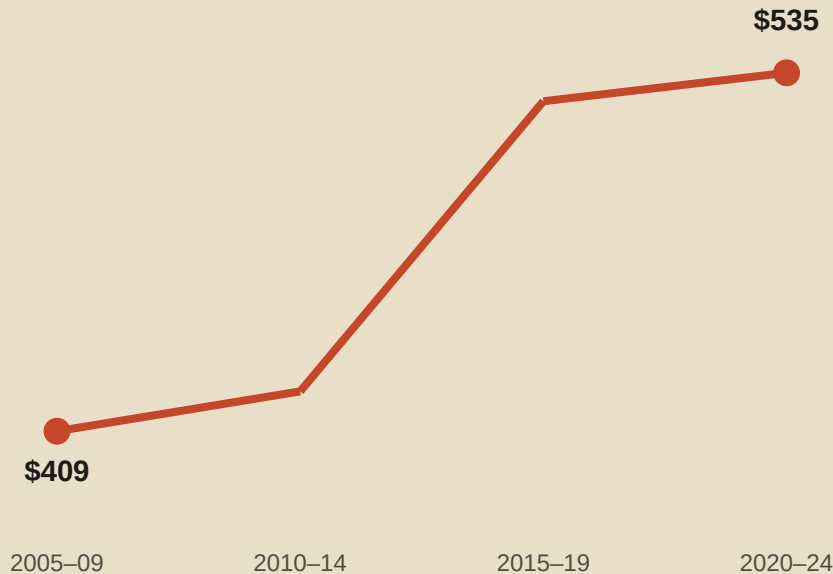
Each dot is 1% of jobs. Filled: held by in-commuters.

RENT

Median rent is up 31%
since the 2005–2009
survey, before inflation.

\$535

a month. Minnesota's median is \$1,280.



THE SEAM

Cross one tract line and median rent doubles.

A \$2,391 gap between neighbors, the sharpest rent edge between adjacent tracts in St. Louis County.

TRACT 2

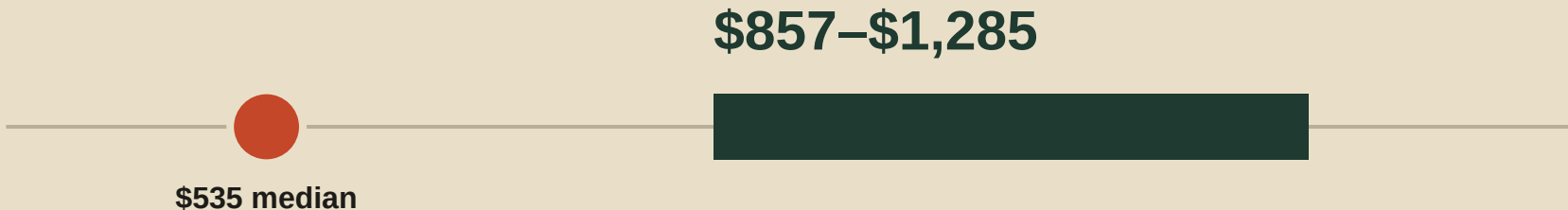
\$1,110

TRACT 6

\$3,501

ROOM TO BUILD

Local wages can carry more rent than the median charged today.



is the monthly rent range local workforce wages support.

BUILDING

Most of the housing here is older than 2000.

0

homes permitted, 2022–2025

86%

of all homes were built before 2000

UNITS NEEDED

Closing the gap would add 0–2% to the 285 homes here.

0–7

is the estimated number of missing housing units, from the lowest to the highest of three estimates.



HOME VALUE

A median home costs 68% less than Minnesota's.

\$104,900

median home value in Cook.

Cook



\$104,900

Minnesota



\$329,300

U.S.



\$332,700

THAT WAS COOK'S 2026

Every number came from a public source, with its date.

New Census data usually lands in December. The next Edition follows it.

See this Edition at [**almanacdata.ai/e/mn/cook/**](https://almanacdata.ai/e/mn/cook/)

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