



Rockland, Maine.

Current market data.

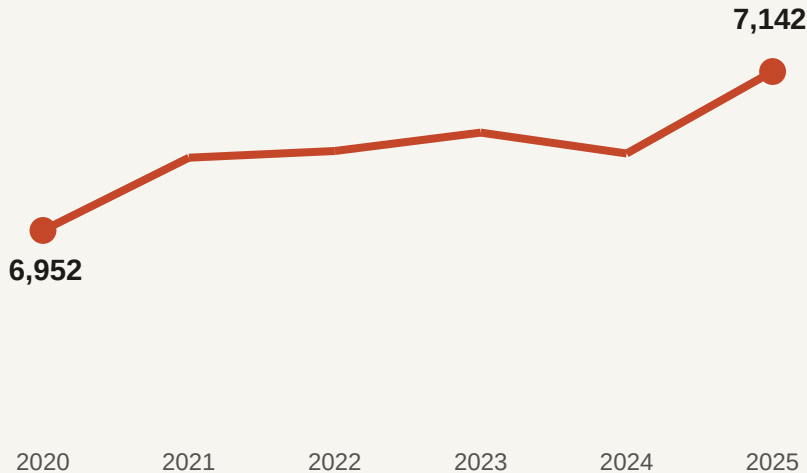
10 cards. Every number sourced and dated. Data as of Oct 30, 2026.

POPULATION

Growing. Up 2.7% since 2020.

7,142

people, the 18th-largest of Maine's cities and towns.

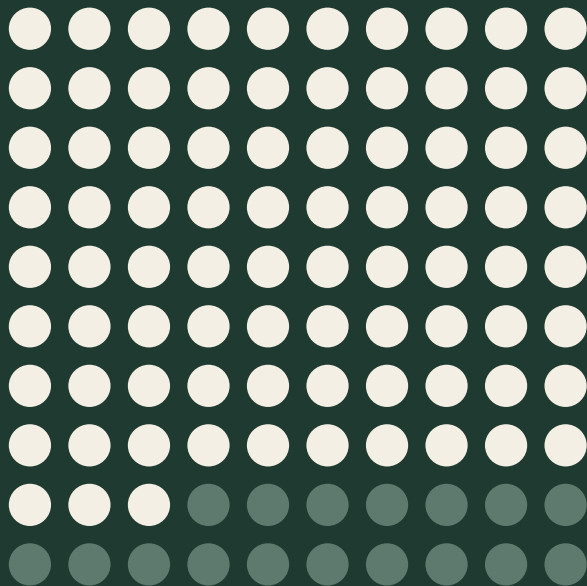


THE WORKDAY

8 in 10 jobs here go to people who live somewhere else.

83.2%

of 5,407 jobs located in Rockland are filled by in-commuters.



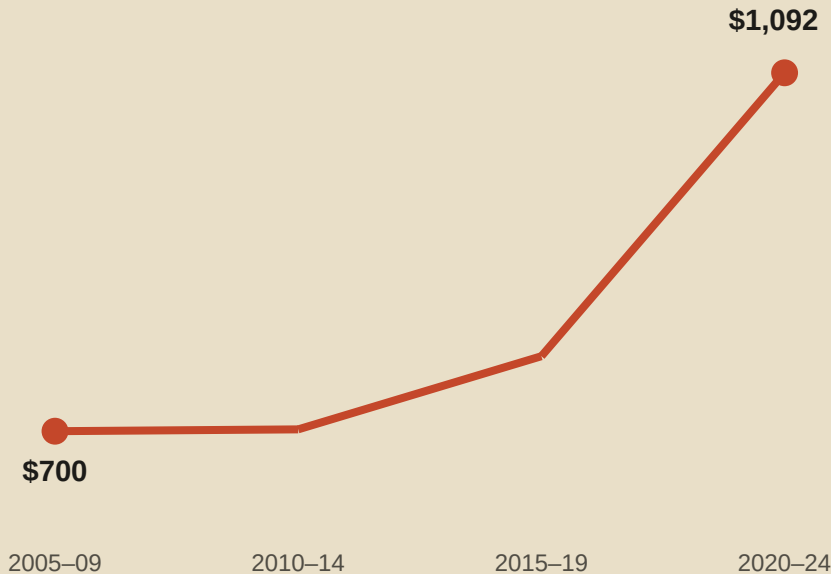
Each dot is 1% of jobs. Filled: held by in-commuters.

RENT

Median rent is up 56%
since the 2005–2009
survey, before inflation.

\$1,092

a month. Maine's median is \$1,139.





THE SEAM

Cross one tract line and median rent jumps \$333.

A \$333 gap between neighbors, the sharpest rent edge between adjacent tracts in Knox County.

TRACT 9708

\$1,132

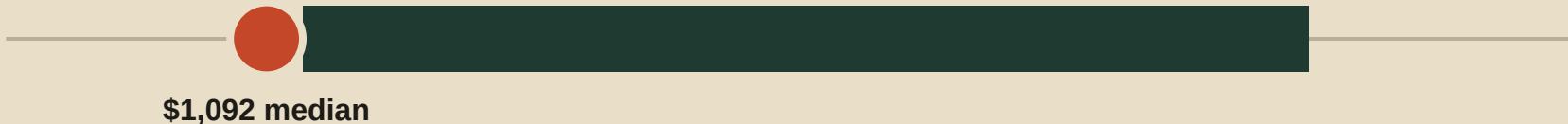
TRACT 9709

\$1,465

ROOM TO BUILD

Local wages can carry more rent than the median charged today.

\$1,112–\$1,667



is the monthly rent range local workforce wages support.

BUILDING

Most of the housing here is older than 2000.

197

homes permitted, 2022–2025

81%

of those were in multifamily
buildings

91%

of all homes were built before 2000

UNITS NEEDED

Closing the gap would add 0.3–1.3% to the 4,222 homes here.

11–54

is the estimated number of missing housing units, from the lowest to the highest of three estimates.



HOME VALUE

A median home costs 17% less than Maine's.

\$245,800

median home value in Rockland.

Rockland



\$245,800

Maine



\$296,600

U.S.



\$332,700

THAT WAS ROCKLAND'S 2026

Every number came from a public source, with its date.

New Census data usually lands in December. The next Edition follows it.

See this Edition at [**almanacdata.ai/e/me/rockland/**](https://almanacdata.ai/e/me/rockland/)

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