Caribou, Maine.

Current market data.

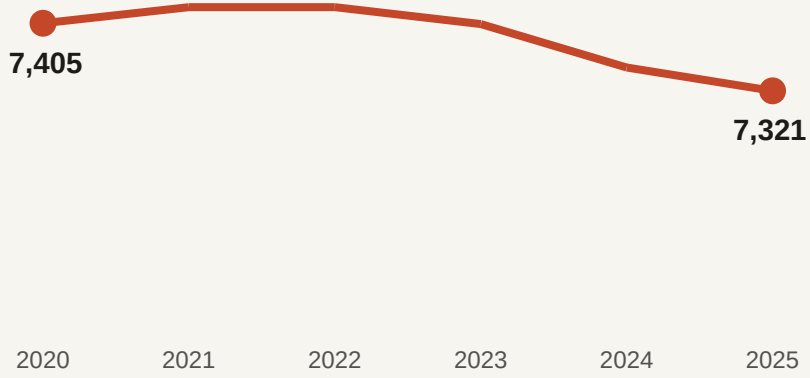
10 cards. Every number sourced and dated. Data as of Oct 30, 2026.

POPULATION

Down 1.1% since 2020.

7,321

people, the 17th-largest of Maine's cities and towns.



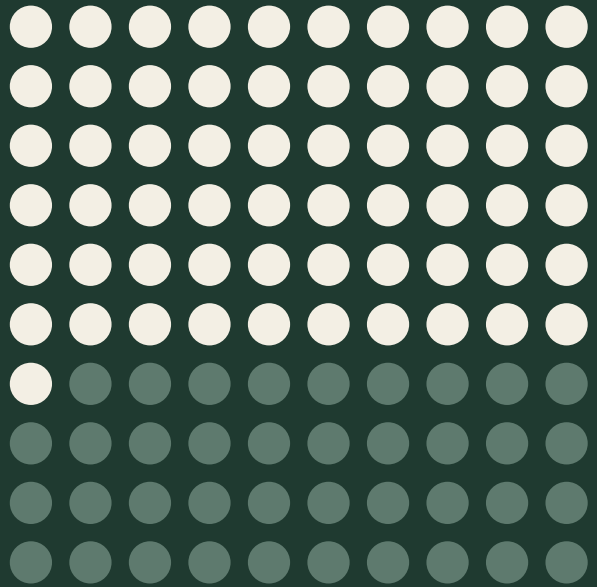
Source: Census Population Estimates, 2025

THE WORKDAY

6 in 10 jobs here go to people who live somewhere else.

61.4%

of 3,455 jobs located in Caribou are filled by in-commuters.



Each dot is 1% of jobs. Filled: held by in-commuters.

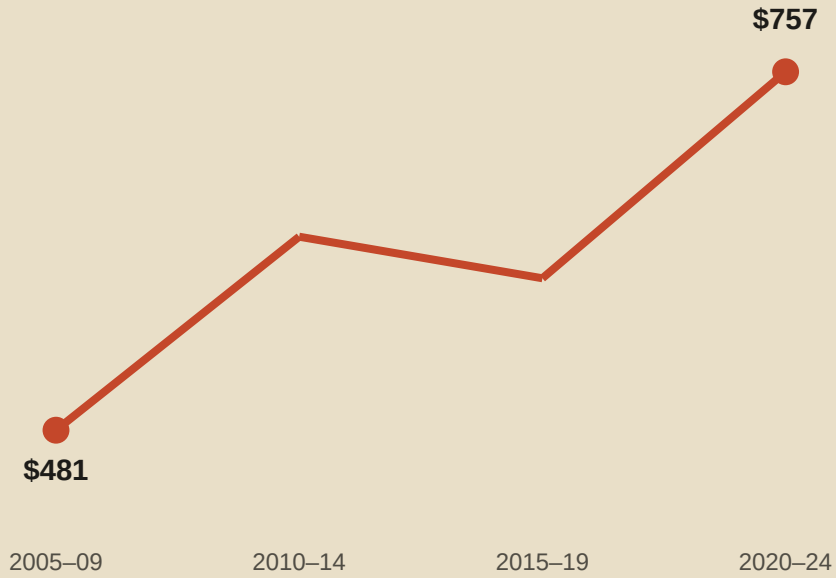
Source: Census LEHD LODES, 2023

RENT

Median rent is up 57% since the 2005–2009 survey, before inflation.

$757

a month. Maine's median is $1,139.

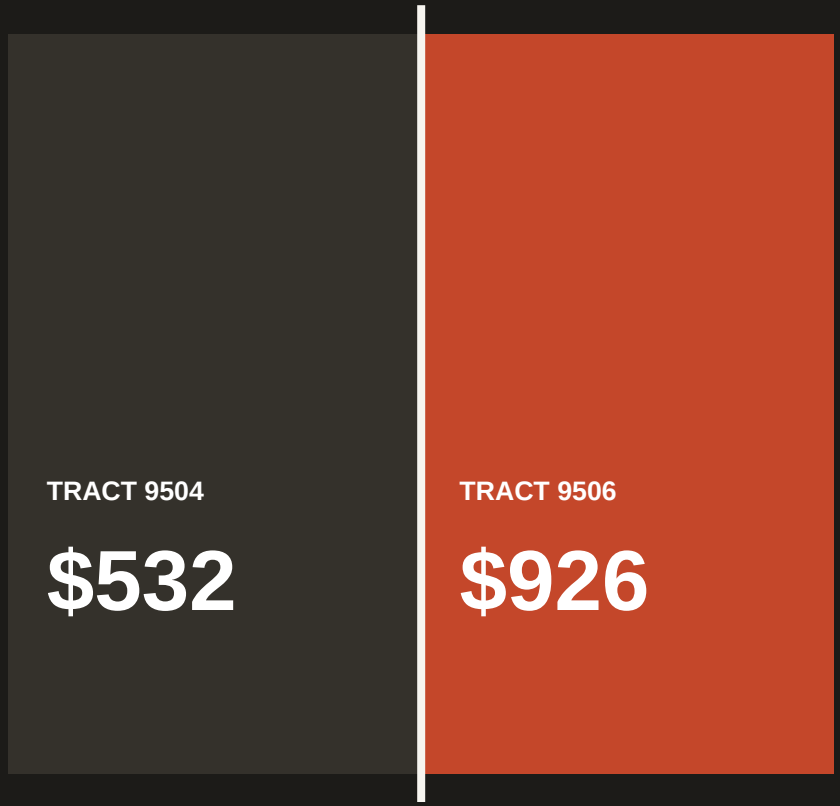


Source: Census ACS 5-year, 2020-2024

THE SEAM

Cross one tract line and median rent jumps $394.

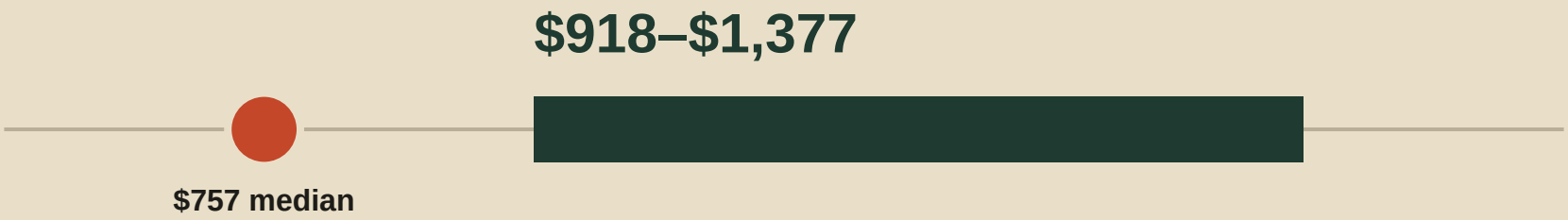
A $394 gap between neighbors, the sharpest rent edge between adjacent tracts in Aroostook County.



Source: Census ACS 5-year, 2020-2024

ROOM TO BUILD

Local wages can carry more rent than the median charged today.



is the monthly rent range local workforce wages support.

Source: Computed by the Almanac, 2023; Census ACS 5-year, 2020-2024

BUILDING

Most of the housing here is older than 2000.

99

homes permitted in ten years, 2016–2025

48%

of those were in multifamily buildings

94%

of all homes were built before 2000

Source: Census Building Permits Survey, 2016-2025; Census ACS 5-year, 2020-2024

UNITS NEEDED

Closing the gap would add 0.2–0.9% to the 3,931 homes here.

8–35

is the estimated number of missing housing units, from the lowest to the highest of three estimates.

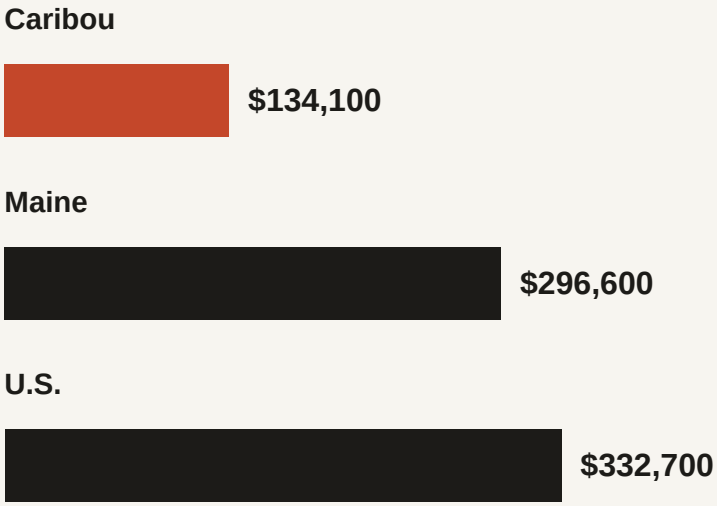
Source: Computed by the Almanac, 2023

HOME VALUE

A median home costs 55% less than Maine's.

$134,100

median home value in Caribou.



Source: Census ACS 5-year, 2020-2024

THAT WAS CARIBOU'S 2026

Every number came from a public source, with its date.

New Census data usually lands in December. The next Edition follows it.

See this Edition at **almanacdata.ai/e/me/caribou/**