



Capitol Heights, Maryland.

Current market data.

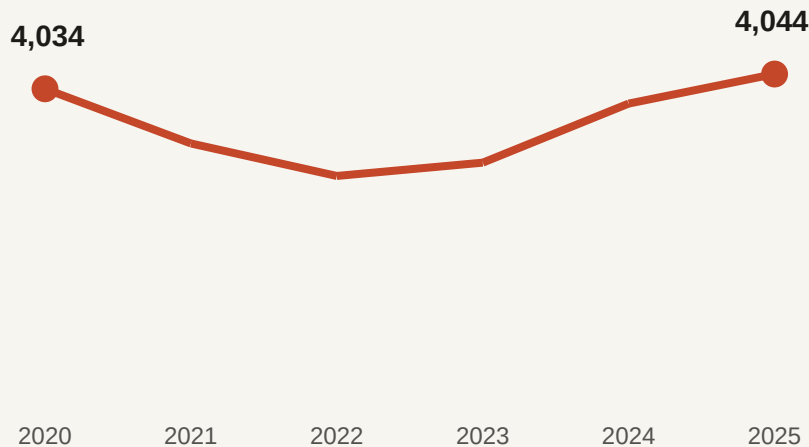
10 cards. Every number sourced and dated. Data as of Oct 30, 2026.

POPULATION

Growing. Up 0.2% since 2020.

4,044

people, the 55th-largest of Maryland's cities and towns.



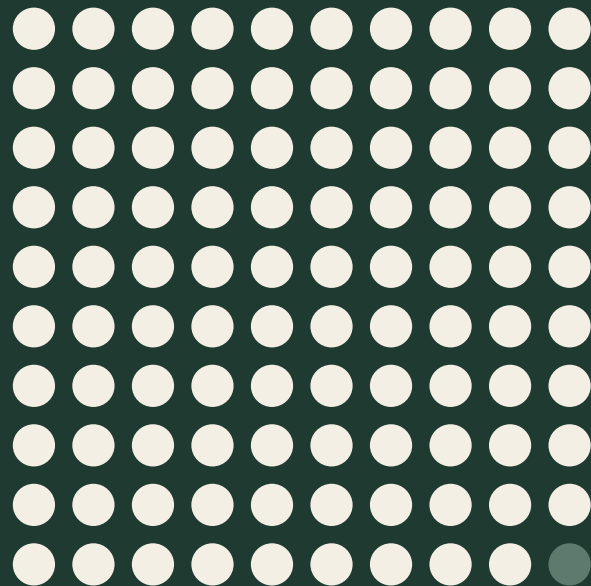
THE WORKDAY

Nearly every job here goes
to someone who lives
somewhere else.

99.1%

of 342 jobs located in Capitol Heights are filled by
in-commuters.

Source: Census LEHD LODES, 2023



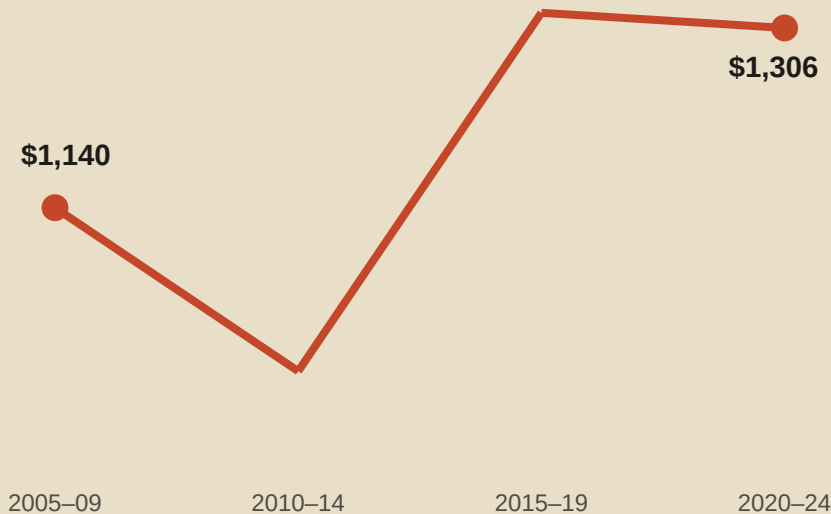
Each dot is 1% of jobs. Filled: held by in-commuters.

RENT

Median rent is up 15%
since the 2005–2009
survey, before inflation.

\$1,306

a month. Maryland's median is \$1,705.





THE SEAM

Cross one tract line and median rent doubles.

A \$2,091 gap between neighbors, the sharpest rent edge between adjacent tracts in Prince George's County.

TRACT 8035.20

\$1,410

TRACT 8035.21

\$3,501

ROOM TO BUILD

The median rent sits inside what local wages can carry.

\$912–\$1,369



\$1,306 median

is the monthly rent range local workforce wages support.

Source: Computed by the Almanac, 2023; Census ACS 5-year, 2020-2024

BUILDING

Most of the housing here is older than 2000.

97%

of all homes were built before 2000

UNITS NEEDED

Closing the gap would add 0.1–0.3% to the 1,336 homes here.

2–4

is the estimated number of missing housing units, from the lowest to the highest of three estimates.



HOME VALUE

A median home costs 21%
less than Maryland's.

\$331,900

median home value in Capitol Heights.

Capitol Heights



\$331,900

Maryland



\$419,900

U.S.



\$332,700

THAT WAS CAPITOL HEIGHTS'S 2026

Every number came from a public source, with its date.

New Census data usually lands in December. The next Edition follows it.

See this Edition at [**almanacdata.ai/e/md/capitol-heights/**](https://almanacdata.ai/e/md/capitol-heights/)

The Almanac · your hyper-diligent research partner