



El Cajon, California.

Current market data.

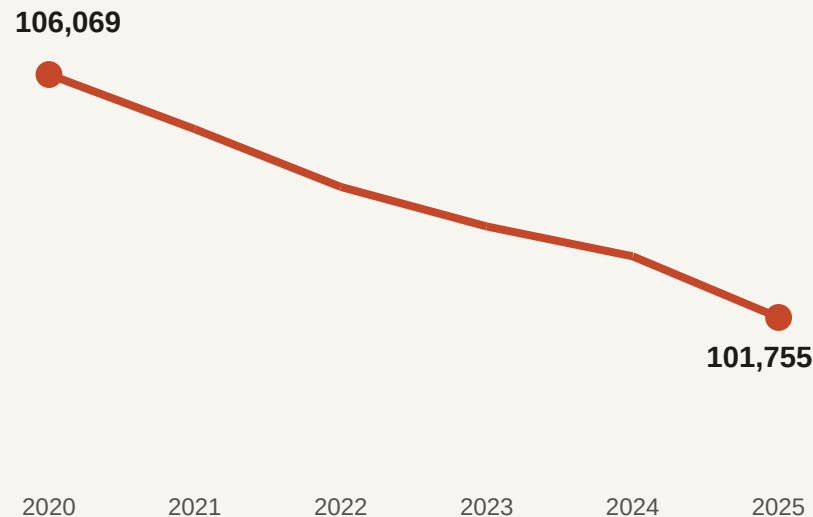
11 cards. Every number sourced and dated. Data as of Oct 30, 2026.

POPULATION

Down 4.1% since 2020.

101,755

people, the 74th-largest of California's cities and towns.



THE WORKDAY

8 in 10 jobs here go to
people who live somewhere
else.

82.1%

of 45,031 jobs located in El Cajon are filled by in-commuters.



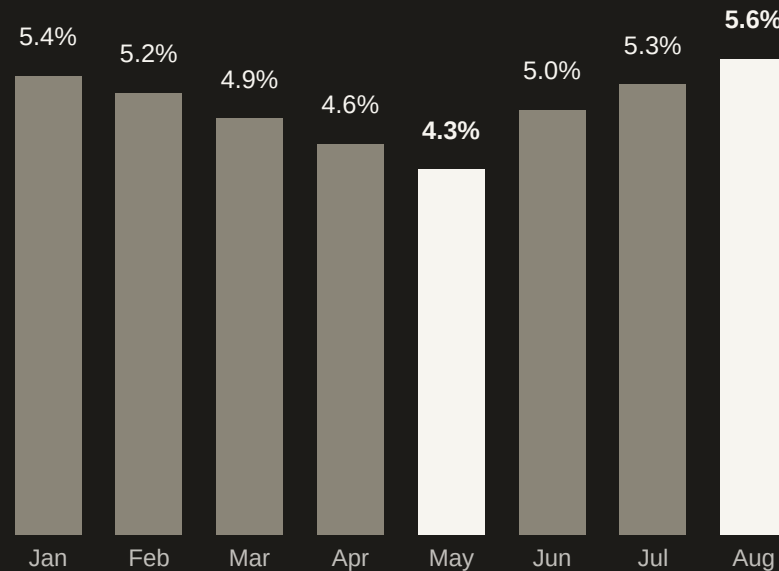
Each dot is 1% of jobs. Filled: held by in-commuters.

UNEMPLOYMENT, 2026

The low came in May:
4.3%.

5.6%

in August 2026, the latest month released. A year earlier it was 5.8%.

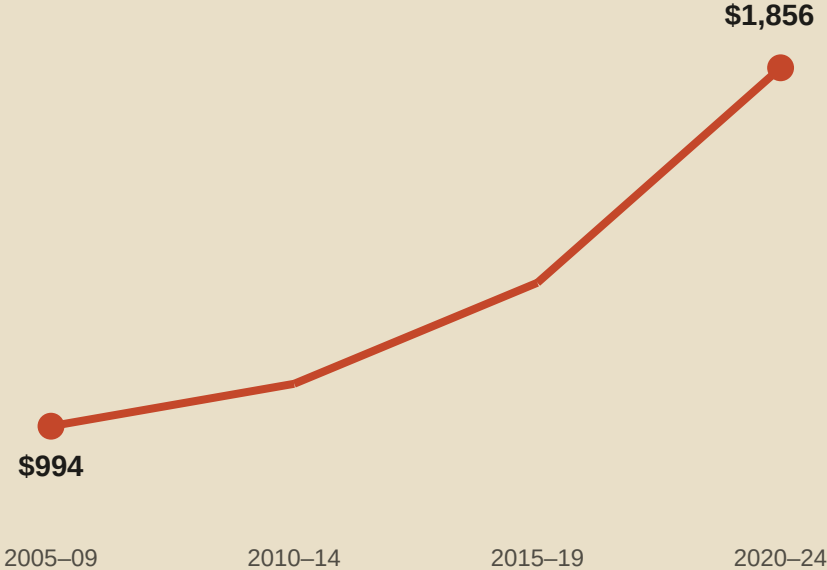


RENT

Median rent is up 87% since the 2005–2009 survey, before inflation.

\$1,856

a month. California's median is \$2,036.



Source: Census ACS 5-year, 2020-2024

THE SEAM

Cross one tract line and median rent doubles.

A \$2,412 gap between neighbors, the sharpest rent edge between adjacent tracts in San Diego County.

TRACT 51.03

\$1,023

TRACT 216

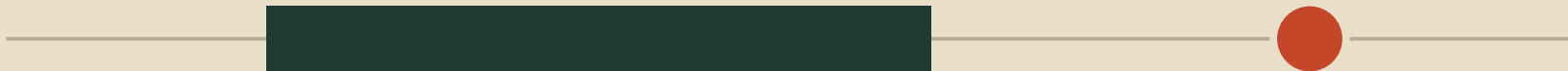
\$3,435



ROOM TO BUILD

The median rent is above what local wages can carry.

\$1,040–\$1,560



\$1,856 median

is the monthly rent range local workforce wages support.

BUILDING

Most of the housing here is older than 2000.

990

homes permitted in ten years,
2016–2025

13%

of those were in multifamily
buildings

92%

of all homes were built before 2000

UNITS NEEDED

Closing the gap would add 1% to the 35,185 homes here.

247–450

is the estimated number of missing housing units, from the lowest to the highest of three estimates.



HOME VALUE

A median home costs 7%
less than California's.

\$681,700

median home value in El Cajon.

El Cajon



California



U.S.



THAT WAS EL CAJON'S 2026

Every number came from a public source, with its date.

New Census data usually lands in December. The next Edition follows it.

See this Edition at almanacdata.ai/e/ca/el-cajon/

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